

# Dissemination of End of Program Evaluation Report: Youth Friendly Services

African Youth Alliance  
Pathfinder International

*8<sup>th</sup> January, 2006*



# Key Findings

## A. Facility Strengthening (Static Clinics):

- 65 facilities assessed; 54 developed action plans; 14 GHS/MOH facilities could not implement their action plans (Table 1)

# Table 1: Total Number of Facilities Assessed by Partner

Partner	No. of Facilities Assessed	Period Facilities Assessed	No. of Facilities with Action Plans	Comment
CHAG	12	2002-2003	10	Two sites – Manna Mission Hospital & Akim Wenchi (Eastern Region) – were initially assessed but excluded from the project due to disinterest by clinic management (Manna) and incorrect selection (Akim Wenchi).
PPAG	5	2002	4	Sogakope clinic was used as a practicum site during training and was not located within an AYA district.
GHS	51	2003-2004	40	The action plans of 11 facilities were not developed as they were assessed with less than nine months of project implementation remaining.

# Key Findings (Cont)

## Training & Orientation

- 33 Assessors trained
- 186 trainers trained
- 685 serviced providers trained
- 2,667 facility staff oriented on ASRH

# Staff trained by Type of training & IP

Type of activity	CHAG	PPAG	GHS	Total
Training of assessors	7	3	23	33
Training of Trainers	21	0	165	186
Training of service providers	90	14	581	685
Orientation of facility staff	610	10	2,057	2,667

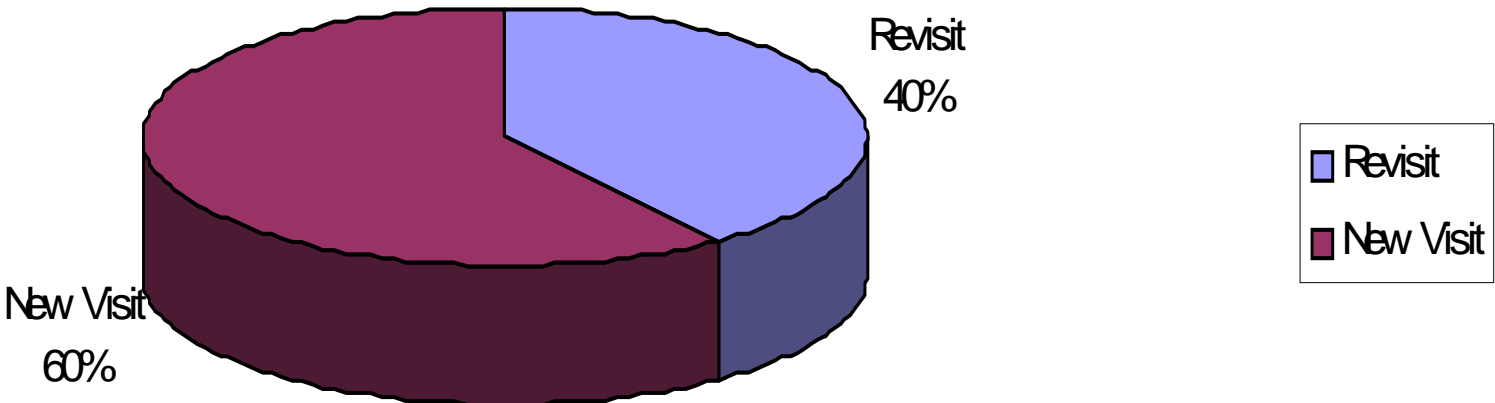
# Improved Facility Environment

<b>FACILITY</b>	<b>Baseline Scores</b>	<b>Endline Scores</b>	<b>Improvement Gained</b>
<b>PPAG</b>			
PPAG Young & Wise Centre Youth Clinic,	42	49	7
<b>CPHAG</b>			
Alpha Medical Centre, Madina	24	42	18
Assin Praso Presby Health Centre	24	47	23
<b>GHS</b>			
Kuntananse Government Hospital	22	35	13
Tema Polyclinic	30	30	0

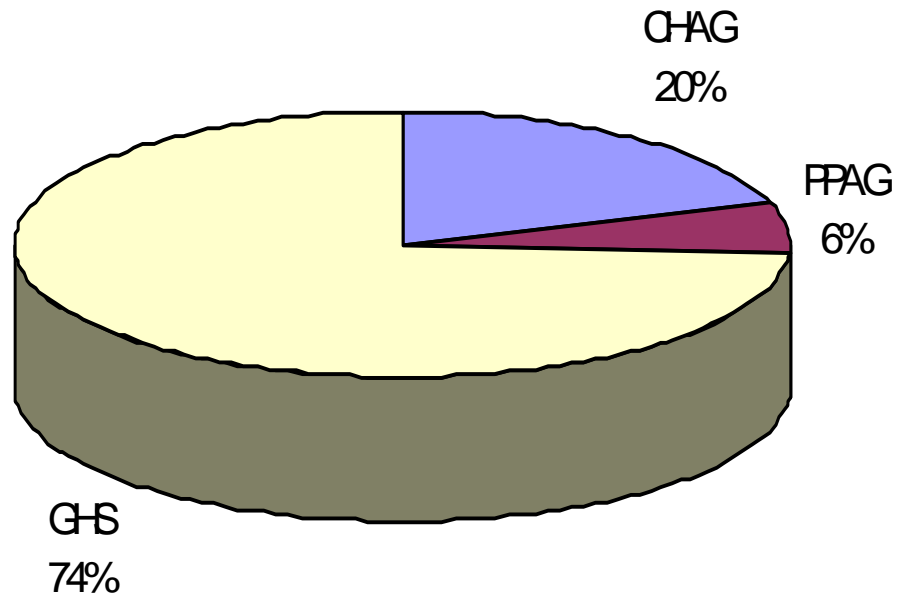
# Clinic/Facility Visits

- 281,296 young people provided with YFS at facilities

# Share of Youth visit by Type of Visit



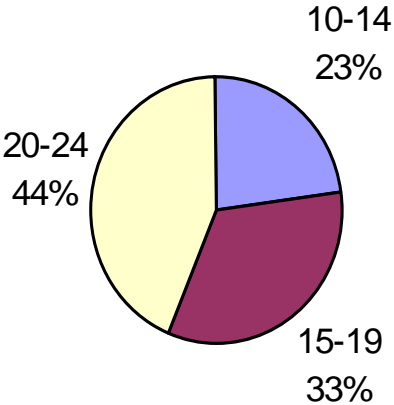
## Share of IPs in Total Youth Visits



# Clinic/Facility visits (Cont)

- More females (61%) visits recorded
- Visits increased with age: 44% (20-24); 33% (15-19) & 23% (10-14)

# Share of age groups in youth visits



# Contraceptive Distribution (Static)

- 646,602 pieces of male condoms
- 3,784 female condoms
- 6,960 other contraceptives: 44.8%  
Injectables; 44.1% pills; 5% IUD & 1.3%  
norplant

# Testing & Treatments

## **1. 3,437 testing visits**

- 68.5% STIs;
- 31.5% VCT/HIV

## **2. 3,418 cases of treatments**

- 96% STIs
- 4% Sexual abuse cases

## 3. Pregnancy related visits

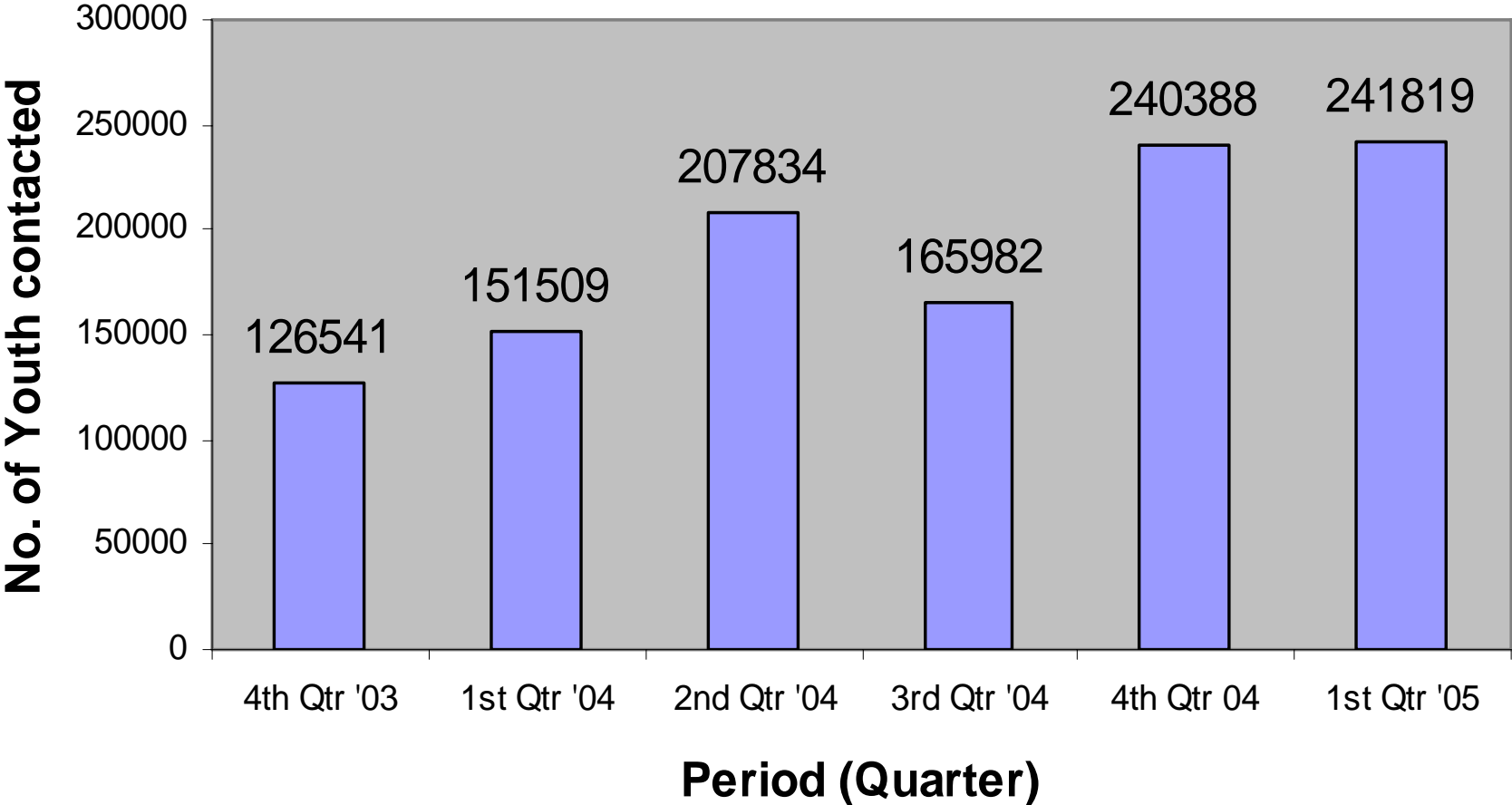
1. 53,154 pregnancy related visits
  - 50% deliveries
  - 16% PNC
  - 11% Pregnancy testing
  - 1.6% PAC

# Key Findings (Cont')

## B. Outreach Program

- 497 peer educators trained (200 NTCDs & 297 PSPs)
- 18 Field supervisors trained
- 1,150,915 young people reached (56.1% males & 43.9% females)
- NYC reached out to more youth (64%)
- Youth reached increased over time (Fig below)

# Outreach Services: Youth Reached by Quarter



# Outreach Program Cont'

- PSP reached out to more youth (60%) than NTCDs (40%)
- NTCDs distributed more condoms (58%) than PSPs (42%)
- Low drop out rate (31% among PSPs & 34% among NTCDs)

# Outreach (Cont)

- 1,303,808 male condoms distributed
- PPAG accounted for 73% of male condoms distributed (mostly in 2002); NYC=17%; & CHAG=10%

# What the Results Say

- 88% of targeted intervention facilities assessed; 91% of assessed facilities developed action plans
- Client satisfaction of services increased as confirmed by mystery clients studies, facility assessments, & field visits

# What the Results Say (Cont)

- Youth reached with services increased over the period & exceeded the target of 999,000 by 16%
- Capacity of IPs have been built – data collection collection, collation, etc.

# What the Results Say

- Platform created for active youth involvement in project planning, implementation, monitoring & Evaluation
- GHS (PS) facilities have great reach & potential in addressing the many RH problems of YP
- NYC is more effective in youth mobilization but less effective in condom distribution

# What the Results Say (Cont)

- Use of PSPs & NTCDs is an appropriate & effective means of distributing contraceptives to young people in communities
- Involvement of community and church leaders, establishment of TAN & PAN facilitates project implementation

# What the Results Say (Cont)

- Successful integration of ASRH into CHAG facilities (a major break through)
- Successful integration of ASRH into pre-service curricula for nurses & midwives
- AYA/Pathfinder work has widened coverage of YFS to larger population of young people in Ghana

# Challenges

- Delay in the finalization of YFS strategy
- Delays in dev. & acceptance of standard reporting format
- Inadequate BCC materials
- Logistic bottlenecks
- High staff turnover of some partners
- Bureaucracy within the public sector can cause delays

# Lessons Learnt

- Programs are better integrated & sustained if processes are clearly outlined to obtain leadership commitment
- Exploring alternative channels of condom distribution such as NTCDs increases program reach & sustainability
- Integrating YFS into pre-service education reduces need for in-service training

# Recommendations

- All program indicators should be clearly defined and outlined in the early stages of program implementation
- Bottlenecks should be identified and addressed to ensure that projects make maximum use of the entire duration of the project to ensure optimum benefit

# Recommendations (Cont)

- ⑩ To capitalize on potential of GHS to impact ASRH, all efforts should be made to address barriers to implementation of YFS by the public sector. It would be helpful if funds could be given directly to the district, as has been done in other countries.
- ⑩ CHAG should be encouraged to expand YFS to more facilities if funding becomes available for this work.

# Recommendations (Cont)

- ⑩ Inclusion of outreach as an essential part of YFS increases program reach and should be carefully factored into future programs.
- ⑩ The NTCD strategy was effective in condom distribution and should be replicated in other programs

# Recommendations (Cont)

- The Challenge Cup Project concept is innovative and has the potential of reaching out to many young people with information and services and should be sustained



# Pathfinder

INTERNATIONAL

