

TANZANIA COUNTRY PROFILE 2003

Intervention Areas/Districts – In agreement with government at the central and regional levels, AYA Tanzania works in 10 sites, which were selected based on specific criteria including level of poverty, population density, prevalence of risky practices and occupation, prevalence of STI/HIV/AIDS, presence of refugees and the refugee-affected community, and presence of potential implementing partners. The districts chosen are Ilala, Temeke, and Kinondoni districts in Dar es Salaam region; Arusha municipality in Arusha region; Tarime district in Mara region; Karagwe district in Kagera region; Kibondo and Kasulu districts in Kigoma region; Urban West region in Zanzibar; and the whole of Pemba Island.

AYA Program Areas

Policy and Advocacy – In collaboration with selected Implementing Partners (IP), AYA Tanzania is striving to create a supportive community and political environment through advocacy activities at national and community levels. Strategies used to develop this support include youth involvement and participation, partnership with the media, community mobilization and participation in ASRH, and promotion of social networking and coalition formation at both the national and district levels.

Behavior Change Communication (BCC) – In- and out-of-school adolescents are targeted with accurate, age- and gender-appropriate information, life planning skills (LPS) and counseling through extra-curricular school programs, community-based programs and refugee camps. In addition to providing LPS, AYA supports entertainment-education, peer education and counseling, media and social marketing, participatory social change campaigns, and HIV/AIDS prevention campaigns.

Youth-Friendly Services (YFS) – In order to increase access to quality ASRH services for young people, AYA Tanzania focuses on quality improvement, clinic and community based services and counseling, youth involvement, linkages to VCT, social marketing, and plans for pre-service training. AYA is partnering with selected IPs to expand and institutionalize youth-friendly reproductive health

information, services and counseling, available through the public, private and NGOs sectors' health service delivery points; youth activity centers; sports clubs; schools and other youth-oriented networks and programs. In addition, CBO programs will be used to reach out-of-school youth and youth in rural areas.

Institutional Capacity Building (ICB) – To improve the knowledge and skills of IPs and district personnel to plan, implement, manage, evaluate, and sustain ASRH programs and services in Tanzania, AYA is striving to increase IP capacity in the use of data for decision making, as well as to improve planning and management systems. Through trainings and facilitative field supervisions, AYA also provides support to help IPs improve their efficiency in MIS.

Integration of ASRH into Livelihood Skills Development Programs – Because the Government of Tanzania has established an extensive vocational education training program, AYA is linking with local vocational education authorities in order to integrate ASRH activities into their existing programs. The national Vocational Education Training Authority participated in AYA's message and materials development workshop.

Coordination and Dissemination – Key strategies for coordination and dissemination of AYA Tanzania programs are documentation and

dissemination; research, monitoring and evaluation; partnership and team building; youth involvement and leadership development; gender mainstreaming; capacity building; and sustainability. AYA is linking with IPs and other similar programs through the President's Office, the Planning and Privatization Office and District Planning Offices. AYA's program will complement the National Adolescent Health and Development Strategy that has been developed by the Government of Tanzania in consultation with AYA and other stakeholders. Understanding the importance of government involvement and ownership for future sustainability, AYA Tanzania has established mechanisms for collaboration with the government for the project management and coordination. AYA plans to build capacity for district level coordination by training local planning officers and disseminating baseline survey results in all ten sites. The dissemination will aim to stimulate the partnership spirit among stakeholders of ASRH, including respective district council authorities, and enhance advocacy to allocate resources for ASRH services and activities.

Youth Participation – AYA has developed a Youth Involvement and Participation (YIP) framework, stipulating roles youth can play and results expected in each of AYA's program objectives. The YIP was developed with full involvement of youth representing the AYA IPs and sites, guiding IPs in creating their own youth involvement plans.

Sustainability – AYA Tanzania is seeking to sustain its initiatives by promoting social networking and coalition building for ASRH through national NGOs, professional associations, youth associations, and others. AYA Tanzania is also striving to ensure public health delivery points are offering youth-friendly SRH services. To the extent these public facilities are available throughout the country and have government budgets, the services will be sustainable. In addition, AYA will mobilize financial and material resources for

sustainability by creating mechanisms to involve a mix of private and public institutions, including lobbying district councils to commit funds for ASRH.

AYA Partners and Projects

AFRICA MEDIA GROUP (AMG) – Africa Media Group works on the policy and advocacy component of the AYA Tanzania program. Their target group is youth aged 10 - 24, with secondary targets of decision-makers, parents, religious leaders, community leaders and the general public. Through the popular *Longa Kijana* (Youth Speak Out), AMG links with Independent Television (ITV) to raise the awareness of youth and the public at large on ASRH issues. AMG and ITV provide a forum for discussion, debate, dialogue and information on issues pertaining to sexuality, behavior change for decreasing the risk of HIV and STIs, teen pregnancy and abortion, and promote laws, policies and cultural practices that positively influence the sexual and reproductive health of adolescents in Tanzania. The program has a recorded talk show and live program with call-in the last two Fridays of every month.

UMATI – UMATI works on three major components of the AYA Tanzania program – policy and advocacy, behavior change communication, and youth-friendly services – conducting different combinations of work in the various districts. UMATI is taking a lead role in building coalitions for policy and BCC advocacy at national and district level. With its vast experience in ASRH programs, UMATI is spearheading provision of youth-friendly services and BCC work in the selected AYA districts. *Enhancing Youth-Friendly SRH Services including STD/HIV-AIDS Prevention* is a three-year project launched in 2002. Outreach activities by peer counselors trained in youth-friendly service provision will be a key component in expansion of service delivery to younger, underserved adolescents.

RADIO TANZANIA DAR ES SALAAM (RTD) – Through a weekly 30-minute program, RTD will work on the policy and advocacy and BCC components of the AYA Tanzania program. RTD has integrated the two components to create an interactive radio program that focuses on ASRH policies and contributes to changing adolescents' behavior by empowering the group in making pertinent decisions. This radio program is famous among government leaders and politicians, is easily accessible by the rural population, and enjoys national coverage.

TELEVISION AND RADIO ZANZIBAR – In collaboration with other partners in Zanzibar, these two government-owned media institutions are striving to increase levels of knowledge, change attitudes and influence improvement in existing policies and behavior change in order to curb the spread of STIs, HIV/AIDS and teenage pregnancy. Twice a month, the two IPs air programs known as *Wito kwa vijana* by Radio Zanzibar and *Chowea* by the television.

TANZANIA GENDER NETWORKING PROGRAMME (TGNP) – The TGNP advocates for mainstreaming gender and ASRH issues at all levels among the AYA Tanzania implementing partners in all 10 districts. TGNP uses strategies that include advocacy on ASRH issues with a gender focus, capacity building on gender among the AYA IPs, and documentation of the process. TGNP is working closely with UMATI to build capacity of the District Coalition teams.

YOUTH OF UNITED NATIONS ASSOCIATION OF TANZANIA (YUNA) – A new IP, YUNA is setting up an advocacy project aimed at promoting YIP in ASRH program activities at both district and national level and building capacity of youth and youth-serving organizations in advocacy and lobbying.

TANZANIA YOUTH AWARE TRUST (TAYOA) – TAYOA works on the BCC component of the AYA Tanzania program, targeting out-of-school youth in Ilala, Temeke and Kinondoni in Dar es Salaam with life planning skills, peer education, enter-educate and community mobilization. TAYOA seeks to improve the sexual and reproductive health of adolescents by decreasing the incidence of STI/HIV and unwanted pregnancies. For service provision, TAYOA also links with Marie Stopes Tanzania, the Infectious Diseases Centre and UMATI through Muhimbili SRH Clinic, and collaborates on promotional activities with AYA-related media institutions.

SAVE THE CHILDREN OF TARIME (SACHITA) – SACHITA targets both in- and out-of-school youth in Tarime District as part of the BCC component of the AYA Tanzania program, providing information to youth via LPS education, entertainment-education, peer promotion, and links with mass media. In addition, they work with the community to initiate changes in harmful traditional practices, such as promotion of alternative rites of passage for female genital mutilation.

CHAWAKUA – As part of the BCC component of the AYA Tanzania program, CHAWAKUA targets out-of-school youth and community members in Arusha municipality with needed information on ASRH and life planning skills. The IP promotes positive attitudes and adoption of safer sexual practices through community-level mobilization and advocacy, provision of life planning skills, peer education, entertainment-education, and linkages with mass media. CHAWAKUA also links with vocational training programs to integrate ASRH into their existing activities.

ZANZIBAR ASSOCIATION FOR CHILDREN ADVANCEMENT (ZACA) – ZACA targets both in- and out-of-school adolescents and

youth with BCC interventions in both Urban West region and Pemba. Through a consortium of NGOs and in collaboration with several government ministries, ZACA takes a lead role in the implementation of BCC activities. ZACA also links with Policy and Advocacy activities carried out by Television and Radio Zanzibar to ensure synergy.

INFECTIOUS DISEASES CENTRE (IDC) –

The IDC acts as a model for YFS provision by the public sector. Located in Ilala municipality, this public health facility is commonly used by youth in Dar es Salaam City for STI management and VCT. The Centre also undertakes research for adolescent sexual behavior and its outcomes. With AYA support, IDC has expanded its services to accommodate more youth from all corners of the city, and links with all AYA IPs undertaking BCC work in the city. IDC has increased its technical and facility capacity to effectively respond to an increasing demand for SRH services among youth. Following successful efforts at the Centre, similar services have been initiated in three other public health facilities – Vingunguti, Tandale and Mbagala – with costs for renovation and establishing YFS provided by the respective municipal authorities. A number of delegations from other district councils have visited IDC to learn how to replicate the approach.

UNIVERSITY OF DAR ES SALAAM (UDSM) –

In recent years, enrollment at higher learning institutions has increased, while the age of newcomers has dropped. At UDSM, many youth under 20 years of age are now enrolled. AYA's university project targets both students and other surrounding youth with youth-friendly services, in order to reduce the rate of HIV/AIDS infection among university community members. Strategies used include facility-based youth-friendly services, VCT promotion and linkages, an information center, youth meetings, drama shows, and peer counseling by the university students to promote VCT, safer sex and provision of non-prescription contracep-

tives. The university project links with other AYA IPs to offer SRH services to students who are residing outside the campus, and strives to serve as a model for other institutions of higher learning.

MINISTRY OF HEALTH –

The Reproductive and Child Health Section is partnering with AYA, taking the lead role on developing and adapting the National Training Guide for ASRH, developing a minimum package for YFS, and training service providers on YFS and Quality of Care. The Section will also set up and manage a national resource center for ASRH, and take a lead role in building capacity for YFS provision within the public health facility. In partnership with AYA, the Section provides technical support to District Health Management Teams and District Medical Officers (from AYA sites) to integrate YFS in public health facilities.

MARIE STOPES TANZANIA (MST) –

With support from AYA, MST provides both static and non-static services in six of its existing integrated service delivery sites, and operates a new outreach site in Sirari, an underserved commercial township on the border with Kenya. MST collaborates with other youth-serving organizations for promotion of YFS and peer promoters are deployed in the seven communities. The intervention involves activities at schools and busy places frequently visited by youth. AYA Tanzania will ensure the 10 sites are equally covered by activities to be supported.

Collaboration With Other Stakeholders –

The AYA Tanzania program will collaborate with as many agencies as possible which have ongoing community-based interventions likely to complement AYA's vision, including local and international NGOs such as Africare, AMREF, and YOUTH NET; United Nations agencies such as UNICEF, UNHCR, WHO and UNAIDS; and bilateral donors such as US-AID, DFID, and GTZ.